

課程名稱 (course name)	食物與政治 Food and Politics				
開課系所班級 (dept. & year)	通識教育中心	學分 (credits)	2	規劃教師 (teacher)	國政所 譚偉恩
課程類別 (course type)	必修	授課語言 (language)	中文或英文	開課學期 (semester)	上或下
課程簡述 (course description)	<p>除第 1 週的導論外，每週主題均圍繞一特定的政治面向展開與「食物」有關的思辨。人類行為雖然是一種複雜的心理與社會交織，但鮮少有人能夠否認影響我們行為的根源（至少在相當程度上）與食物（或飲食）密切相關。</p> <p>毫無疑問地，我們人類深受本身飲食的影響。但人類本身也透過各種政治與經濟活動影響了整個糧食體系。鑑此，這門課程將與修習者一同探索與食品有關的國際貿易自由化、衛生安全標準的制定與執行爭議，以及臺灣在融入全球化過程中面臨之食品安全 (food safety) 或糧食安全 (food security) 挑戰。</p> <p>Besides the “Introduction” in our first week, the topic of each week focuses on specific issue regarding the debate of food and its political aspects. Human behaviors – from aggressiveness, hyperactivity, to restlessness and from poor academic performance, mood disturbance to lack of motivation – are complex psychological or social problems; however, no one can easily deny that the reason of our behaviors, or at least an important part of it, is closer related to <i>Our Food (and eating)</i>!</p> <p>We are undoubtedly what we eat. But We also certainly are the root of offering a wide-ranging political and economic influence on our food system. As such, this course brings all its members into exploring the issues about trade liberalization, the disputes over setting and enforcing food safety standards, as well as challenges caused by food unsafety and food insecurity were (or would be) encountered by Taiwan when moving towards globalization.</p>				
先修課程 (prerequisites)	無				
課程目標與核心能力關聯配比(%) (relevance of course objectives and core learning outcomes)					
課程目標	course objectives			核心能力 core learning outcomes	配比 合計 100%
1. 掌握至少一種食品產業對於特定國家或國際組織的食品政策影響。	1. Having an overview over at least one specific food industry which exercises its influence on certain countries or international			人文素養	30%
				科學素養	0%

<p>2.理解不同行為者(actors)對於食物的生產、加工、立法和貿易的影響，以及哪些行為者最有影響食安問題的能力。</p> <p>3.明瞭食物與環境、公衛或人權等議題之間的關聯性。</p>	<p>organizations;</p> <p>2. Understanding the production, processing, legislation, and trade of food and the influence caused by diverse actors on them. Further, which actor has more direct influence on food safety than others?</p> <p>3. Realizing the relationship between food and environment, public health as well as human rights.</p>	溝通能力	20%
		創新能力	0%
		國際視野	20%
		社會關懷	30%

**課程目標之教學方法與評量方法
(teaching and assessment methods for course objectives)**

教學方法 (teaching methods)	學習評量方式 (evaluation)
講授 討論 專題探討	1. 口頭報告 2 次 (各 20%) 2. 書面報告 1 份 (50%) 3. 出席表現 (10%)

**授課內容 (單元名稱與內容、習作 / 考試進度、備註)
(course content and homework / tests schedule)**

- Week 1: 課程導論：We Are What We Eat
- Week 2: 食物與人類的過去、現在和未來
- Week 3: 食物與人類社會的衝突
- Week 4: 食物與人類社會的合作
- Week 5: 全球人口與糧食危機
- Week 6: 綠色革命與農業發展
- Week 7: 當代農牧業運作模式與貿易
- Week 8: 當代農牧業運作模式與環境
- Week 9: 當代農牧業運作模式與人權
- Week 10: 專題：保健食品（是藥還是食物？）
- Week 11: 專題：飲食失調與肥胖（不道德的食品產業？）
- Week 12: 專題：營養食物（標示的迷思？）
- Week 13: 專題：添加物（沉睡與成癮的味覺？）
- Week 14: 專題：在地飲食（消費者有多大的影響？）
- Week 15: 專題：看不見的戰爭（人也會為食亡？）
- Week 16: 專題：基因改造食品（我們都將變成 Frankenstein？）
- Week 17: 書面紙本報告繳交與同儕互評、討論等
- Week 18: 回顧與前瞻：政治與經濟如何影響了我們的飲食，我們該怎麼回應？

**教科書與參考書目 (書名、作者、書局、代理商、說明)
(textbook & other references)**

- 1. Kelly Brownell and Katherine Horgen, *Food Fight: The Inside Story of the Food Industry, America's Obesity Crisis, and What We Can Do About It* (New York: McGraw-Hill, 2004).
- 2. Michael Pollan, *In Defense of Food: An Eater's Manifesto* (New York: Penguin Press, 2008).
- 3. David T. Courtwright 著，薛綸譯，*上癮五百年* (台北：立緒，2002 年)。

課程教材（教師個人網址請列在本校內之網址）
(teaching aids & teacher's website)

每週提供與課程內容有關之紙本或影音資料

課程輔導時間
(office hours)

另行公告